# Menu Philosophy



## Natural & Homemade

We're on a journey to source organic ingredients, with some harvested right from our gardens.

We avoid chemicals: if nature doesn't make it, we don't want it

#### Sustainable Seafood

Following Chumbe's 'Sustainable Fish List,' we serve responsibly sourced fish and avoid species like King Fish or Tuna..

Ensuring every bite helps preserve marine life for generations to come.

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#### Locally Sourced

We prioritize local suppliers, reducing our carbon footprint while celebrating the rich flavors of Zanzibar.

We avoid plastic packaging to further reduce our impact.

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#### Zero-Waste Philosophy

We believe nothing should go to waste.

From right-sized portions to transforming kitchen scraps into jams, juices, and compost, we're turning sustainability into delicious solutions.

#### Wholesome Cooking

Food should nourish both body and soul

That's why we craft healthier dishes with love while charging a little extra for fried or sugary indulgences—because we care · about your wellbeing.

#### • "Mbweni Ruins is a home for all of us.

A laid-back no frills environment that allows us to slow down, get back in touch with nature, and with ourselves.

Mbweni Ruins is a raw and safe space for collaboration and co-creation, for imagination and celebration."



Hash Brown

### Breakfast

7:30 AM - 10:00 AM

Pay by card and enjoy a 5% discount. Members receive an additional 20% off. Conversion rate: 1 USD = 2500 THs

#### Savoury

Made-to-Order Eggs Fried, scrambled, boiled, or poached egg - roasted tomato - fresh herbs - white or brown toast	10k
<b>Shakshuka</b> Poached eggs - tomato sauce - cilantro - white or brown toast	14k
Avocado Toast Avocado - roasted tomato - pickled red onion - grilled lime - white or brown toast	15k
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<b>Smoothie Bowl &amp; Granola</b> Avocado - Banana - Mango - Pineapple - Coconut - Homemade Zanzibar Granola	15k
<b>Tropical Fruit Platter</b> Tropical Fruit Platter featuring a colorful selection of seasonal fruit	15k
Sweet	
<b>Vitombua &amp; Fruit</b> Vitombua (coconut rice balls) - yoghurt - pineapple - passion fruit - caramelized cashews	15k
Swahili Pancakes Swahili spiced pancakes - artisanal honey - fruit	15k
Mango French Toast French toast - mango - artisanal honey - homegrown basil	15k
Peanutbutter French Toast French Toast - Homemade Peanut Butter - Fresh Banana - Coconut Cream - Tropical Mint	15k
Add-ons	
Extra egg	3k
Peanut Butter	4k
Seasonal Jam	5k
Yoghurt	6k
Bread or Toast	6k

8k